

Program Overview

Project H.O.P.E. is a two hour group session that meets once a week for 16 weeks in eight locations throughout New Jersey. This free, voluntary program provides education on:

Community Reintegration:

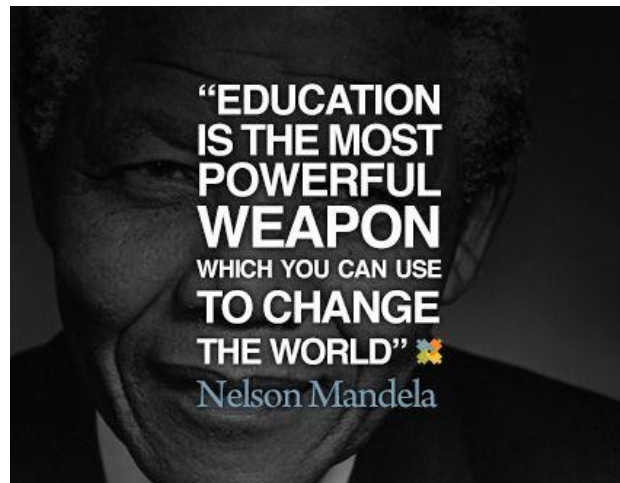
- Cognitive-Based Programming
- Substance Abuse Treatment
- Mental Health Counseling/ Evaluations
- Life Skills
- Family Support
- Personal Growth and Self Awareness

Workforce Readiness:

- Employment Services/Job Readiness/Retention
- Basic Skills, GED
- Off-Site Educational Programs
- Interview Skills
- Resume Writing
- Job Search Techniques

**“HE WHO OPENS A
SCHOOL DOOR,
CLOSES A PRISON.”**

~ VICTOR HUGO



Project H.O.P.E.

Reentry Program of New Jersey

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Project H.O.P.E.

**Helping
Offenders
Pursue
Excellence**

Workforce readiness training program for nonviolent crime offenders in New Jersey



Project H.O.P.E.

Reentry Program of New Jersey

1000 Morris Avenue

Union, NJ 07083



Mission Statement

The objective of **Project H.O.P.E.** is to implement a continuum of care for offenders utilizing evidence-based, cost-effective cognitive and behavioral science practices to increase offenders' abilities and motivation to demonstrate responsible, crime-free behavior in the community and during employment.

Through intensive evidence-based programming, offenders are provided with the tools necessary to become productive members of the community. **Project H.O.P.E.** has also developed partnerships with federal, state and local agencies to create linkages to resources that provide support to offenders. Intense transition support in the post-release phase of an offenders' incarceration is critical to ensure his or her successful reentry into the community and workplace.

Project H.O.P.E Programs

Project H.O.P.E. offers transitional programs to assist offenders with community and employment reintegration.

Thinking for a Change (T4C) is a cognitive behavioral program, endorsed by the National Institute of Corrections as a best practice approach for reducing recidivism. The goal of the program is to affect change in offender thinking so offenders can change their behavior. It assists offenders in breaking the cycle of incarceration by teaching them how to think before they react, how to build positive relationships and how to think about things in a positive way.

Successful Transition and Reentry Series (STARS) is a release preparatory program designed to address each major reentry barrier faced by the returning offender. Topics include employment, housing, transportation, education, family reunification and finances. STARS assists offenders in breaking the cycle of incarceration, addresses possible barriers associated with the reentry process, teaches offenders how to build positive family relationships, prepares offenders to join the workforce, and helps to develop effective problem-solving, communications and life skills. It also provides offenders with vital resource information for services in the community.

Cage Your Rage for Men (CYRM) and Cage Your Rage for Women (CYRW) CYR is an anger management program. It is endorsed by the American Corrections Association as a best-practice program to help offenders recognize their angry feelings, learn their cause and deal with them in a responsible way. Participants learn the connection between thoughts and anger and, more importantly, techniques to help them manage their anger.

Successful Employment through Lawful Living and Conflict Management (SEALL) SEALL is a job-retention program with a specific focus on maintaining employment and addressing on-the-job conflict. The program prepares offenders to address possible barriers to employment, how to build positive working relationships and how to develop effective problem solving and communication skills.

Helping Offenders Parent Effectively for Men (HOPE) and Helping Offenders Parent Effectively for Women (HOPE-W) HOPE is a parenting program offered by NJDOC. The goal is to help participants become responsible parents with the ultimate goal of reducing the rate of recidivism by learning to positively influence their own children to live law-abiding lives. HOPE teaches offenders to recognize the importance of accepting responsibility for their children and increasing their ability to be self-sufficient by beginning to take control of their lives.